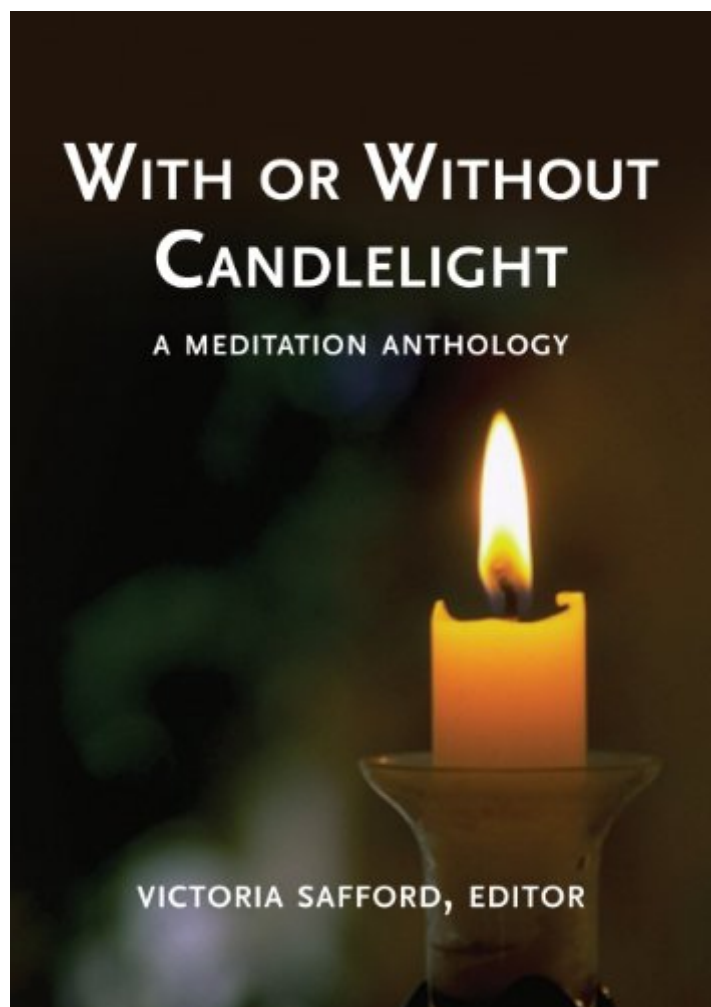


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With Or Without Candlelight: A Meditation Anthology (Meditations)



Synopsis

These meditations, sung in many voices, echo the song of the human soul. In poetry and beautiful prose, writers reflect on the magical, day-to-day dance of the holy and the ordinary. Here are selections for common worship, small groups and for solitary reflection. Celebrations of the spirit, lamentations of the heart, elegant observations of the natural world and eyewitness accounts of the moral universe, these poems and readings offer wisdom and laughter, comfort and pathways to deeper questions. The authors represented here come from many walks of life. All offer gifts of beauty and honesty.

Book Information

File Size: 185 KB

Print Length: 66 pages

Publisher: Skinner House Books (May 15, 2009)

Publication Date: May 15, 2009

Sold by:Â Digital Services LLC

Language: English

ASIN: B004VFPH76

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #969,980 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #76

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Other Religions, Practices & Sacred

Texts > Unitarian Universalism #188 inÂ Books > Religion & Spirituality > Other Religions,

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Customer Reviews

Where some meditation manuals are a hodgepodge, this one, like a symphony, has recurring themes that take the reader to different ways of thinking about light and dark, presence and absence, wondering and affirming. Where some meditation manuals are printed on thick paper with large fonts generously spaced, this thin little booklet is compact with text--this is not a celebration of publishing, but of words and ideas. I love this book. I am planning to give copies to all of my friends,

and then go out and make some new friends and give copies to them. John M.

Starting to need time to write and read everyday. I am happy to have stumbled. Victoria was a wonderful minister and teacher in my life. Unitarian Society of Northampton

I read this book too quickly. It's easy to do; the 72 pages include 44 poems and short reflections, none of which takes up more than a page or two of ink. But each of these crystalline gems holds at its heart a truthâ "or, more often, a questionâ "that could easily fill a day of meditation and discovery. Topics and images are varied, and while I resonated more strongly with some than with others as I read through, my reaction to the "others" was not "no, thank you," but rather, "not today"; I trust the nourishment here is varied enough to appeal to the appetites of many seasons. If there is a unifying theme to this collection, it might be that "I"â "the individual voice of each poem, and by proxy the readerâ "exist not in a vacuum but in relationship with a universe of voices, souls, and mysteries, and that purposeful engagement with that universe is a part of a healthy life. So now, I'll begin again, diving deeper into each entry, soaking for longer, leaving more room for silence. Which may be another theme worth remembering.

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